



OPTIONAL SHOPPING LIST

BLUE LAGOON

- Ice
- 15 ml blue curaçao (or blue food colouring)
- 60 ml rum
- 1 pineapple chunk
- 2 maraschino cherry (optional)
- 1 Paper umbrella (optional)

STICKY PINEAPPLE CURRY

- 60ml pineapple juice
- soy sauce
- 1 chicken/veg stock
- 40ml hoisin sauce
- 60g brown sugar
- 3 cloves garlic
- 2 teaspoons cornstarch
- olive oil
- 64g roasted, salted cashews
- 2 chicken breasts/ 500g portobello mushrooms
- 1 whole pineapple
- 130g Rice

TROPICAL ETON MESS

- 300ml/10fl oz double cream
- 200ml/7fl oz Greek yoghurt
- 4 pre-made meringue nests
- 1 ripe mango
- 3 passion fruits, halved
- Mint to decorate (optional)