

YOUR OPTIONAL SHOPPING LIST

Mochi (NEEDED FOR DATE NIGHT ACTIVITY)

- 57G GRANULATED SUGAR,
- 1 TUB ICE-CREAM (NOT SOFT-SERVE TYPE)
- OR FRUIT (STRAWBERRIES WORK WELL!)

Optional Cocktail

- 1 SHOT OF VODKA
- 6 FRESH MINT LEAVES
- ICE
- 75G SUGAR
- 20G GRATED GINGER

Japanese Shrimp Toast

- 80G RAW PRAWNS, CHOPPED
- (VEGAN OPTION: 80G TOFU AND 10G NORI)
- 1/2 GARLIC CLOVE, ROUGHLY CHOPPED
- 1/2 TSP GINGER, PEELED AND CHOPPED
- 1 SPRING ONION, CHOPPED
- 1 TSP LIGHT SOY SAUCE
- 2 SLICES OF BREAD
- 1 TSP SESAME OIL
- 1 TBSP MISO PASTE
- 2 TBSP TOASTED SESAME SEEDS

Miso Ramen Noodle Soup

- 2 CHICKEN BREASTS OR 150G OYSTER MUSHROOMS
- 4 CUPS CHICKEN OR VEG STOCK (1 L)
- 1/2 CUP CANNED SWEETCORN (80 G)
- 2 CUPS FRESH SPINACH (80 G)
- 1/2 CUP BEANSPROUTS (50 G)
- 2 CLOVES GARLIC, SMASHED
- THUMB SIZED GINGER, SLICED
- 3 SPRING ONIONS, CHOPPED
- 2 TABLESPOONS MISO PASTE
- 2 SERVINGS RAMEN NOODLE, COOKED
- 2 SHEETS OF SEAWEED (NORI)
- 2 EGGS (OPTIONAL)